



SHABBOS 7 MARCH 2026 - ISSUE NO. 1208
 י"ח אדר תשפ"ו - שבת פ' כי תשא - שבת פרשת פרה

Mazal Tovs



Mazal Tov to Jonathan and Adrienne Regal on the recent marriage of their daughter Miriam to Eli Morris, son of Daniel and Rivka Morris (Manchester) previous members of North Hendon.



Krias Hatorah – This week's Leining פרה - תשא כי

קריאת התורה Hashkomoh Rowland Aarons
 Main Service David Levy
 הפטרה יחזקאל (Ezekiel) 36:16 - 38

This Shabbos on North Hendon

This Shabbos there will be a Family Shabbos Kiddush in the foyer. *Michael Lebrecht's post-Hashkomoh Shiur continues on the topic of "Halochos on waking up in the morning"*

Shiur by the Rav: Various Halochos Regarding Pesach

Children's Service & Children's Kiddush

cS & cK take place at 10.45am in the Beis Hamedrash and Shiur Room. *Leora Meyer & Dina Saurymper are running cS and cK*

Sunday Morning Shiurim

This Sunday Gershon Hepner will be giving the Tehillim Shiur after Shacharis. We are still on Chapter 23 Passuk 1. Refreshments available

R' Sholom Segal's Shiurim (as arranged with participants)

The schedule of Shiurim given by R' Sholom Segal is as follows:
 Shabbos – Two and a quarter hours after Shabbos - Eruvin
 Sunday Morning Halochah [M Berurah]
 Sunday straight after Maariv Eruvin
 Mon-Thu 1 hr before late Maariv Eruvin

Beigel Breakfast Shiurim by R' Eli Pick – Current Schedule

Date	Month	Subject
22 March	Nissan	Dayenu
19 April	Iyar	Ona'as Devarim
24 May	Sivan	OCD
21 June	Tammuz	Time Zones

Sponsorships can be arranged by Michael Israel

Women's Tehillim Group

TEHILLIM: The Marie Riffkin Women Tehillim Group meets on Sunday mornings at 10.00am on Zoom to say Tehillim for Eretz Yisroel and sick members of the community. *For further details: Nechama Schmulian*

North Hendon Tzedokoh Fund

A big thank you to all those who contributed so generously to our Taanis Esther/Purim appeal. We were able to make Matonos L'evyonim contributions to local families in genuine need, in cash and on Purim day itself. Donations made in advance were very helpful in allowing us to estimate how much we would have available. We will now be focussing on Kimche de Pischa - helping families with the cost of making Pesach and any contributions would be gratefully received (see notice below)

Tzedokoh Fund – Here to Help

If you are in need of funds, an interest free loan or advice, please contact David Freedman [07947 809415], Mark Neuberger [07956 800 321] or Michael Bass [07734 446 454] for a confidential chat. *Loans are also available particularly to pay off credit card bills*

PURIM PESACH IS COMING

At this time of year, the Shul Tzedokoh Fund is looking for donations to go towards the Pesach distribution to those in our own Kehilla who need help. Payments can be made to either David Freedman, Mark Neuberger or Michael Bass (cash, cheques, or charity vouchers). Alternatively you can transfer funds directly into the bank account (NHAYS Charity Fund) Sort Code 20-29-37, Account No. 80466824. Please add your name as reference



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TIMES FOR THE COMING WEEK
FRIDAY 27 FEBRUARY TO FRIDAY 6 MARCH 2026

FRIDAY 6 MARCH אדר 17

- o **TEHILLIM FOR ISRAEL** 5.25 pm
- o מנחה (Mincha) and קבלת שבת (Start of Shabbos) 5.30 pm
- o Krias Shema from 6.39 pm

שבת 7 MARCH אדר 18

- o Latest for שמעו קריאת (Krias Shema) לכתחילה 8.46 am
- o Latest for שמעו קריאת (Krias Shema) 9.22 am
- o שחרית (Shacharis) – Hashkomoh 7.25 am
- o **Before Brochos Commences Shiur – Dayan Cohn** 9.00 am
- o Cyril Riffkin Hashkomoh Shiur – Michael Lebrecht 9.15 am
- o שחרית (Shacharis) – Main Service 9.15 am
- o Early Mincha 12.45 pm
- o מנחה (Mincha) 5.30 pm
- o Shiur by Dayan Cohn on Hilchos Pesach 6.00 pm
- o Shabbos ends & מעריב (Maariv) 6.41 pm
- o Ovos Ubonim season over

SUNDAY 8 MARCH אדר 19

- o שחרית (Shacharis) 8.00 am
- o Gershon Hepner's Tehillim Shiur 8.50 am
- o מעריב & מנחה (Mincha & Maariv) 5.45 pm

MONDAY 9 MARCH אדר 20

- o שחרית (Shacharis) – 1 6.30 am
- o שחרית (Shacharis) – 2 6.50 am
- o מעריב & מנחה (Mincha & Maariv) 5.45 pm
- o Second מעריב (Maariv) – Beis Hamedrash 7.30 pm
- o Nechemia Broch Monday Night Shiur 7.45 pm

TUESDAY 10 MARCH אדר 21

- o שחרית (Shacharis) – 1 6.30 am
- o שחרית (Shacharis) – 2 7.00 am
- o מעריב & מנחה (Mincha & Maariv) 5.45 pm
- o Second מעריב (Maariv) – Beis Hamedrash 7.30 pm

WEDNESDAY 11 MARCH אדר 22

- o שחרית (Shacharis) – 1 6.30 am
- o שחרית (Shacharis) – 2 7.00 am
- o Mishlei Shiur by Dayan Cohn @ 33 Boyne Avenue 10.15 am
- o מעריב & מנחה (Mincha & Maariv) 5.45 pm
- o Second מעריב (Maariv) – Beis Hamedrash 7.30 pm

THURSDAY 12 MARCH אדר 23

- o שחרית (Shacharis) - 1 6.30 am
- o שחרית (Shacharis) – 2 6.50 am
- o מעריב & מנחה (Mincha & Maariv) 5.45 pm
- o Second מעריב (Maariv) – Beis Hamedrash 7.30 pm

FRIDAY 13 MARCH אדר 24

- o שחרית (Shacharis) – 1 6.30 am
- o שחרית (Shacharis) – 2 7.00 am
- o מנחה (Mincha) & קבלת שבת 5.45 pm
- o Krias Shema from 6.51 pm

Yahrzeits

We wish the following members Chayim Aruchim

שבת	אדר	March	Name	Relationship
Sun	19	8	Mrs Mimmie Elbaz	Mother
Sun	19	8	Mrs Ruth Steinhof	Mother
Mon	20	9	Mr Michael Israel	Father
Fri	24	13	Mrs Shirley Leach	Father