

in our own Kehilla who need help. The demands on the Fund will be even greater in times of rising costs. Payments can be made to either

David Freedman, Mark Neuberger or Michael Bass (cash, cheques, or charity vouchers). Alternatively you can transfer funds directly into the

bank account (NHAYS Charity Fund) Sort Code 20-29-37, Account No.

80466824. Please add your name as reference

TIMES FOR THE COMING WEEK FRIDAY 7 FEBRUARY – FRIDAY 14 FEBUARY 2025

FRI	DAY 7 FEBRUARY	שבט 9
0	5 Minutes of Tehillim for Eretz Yisroel	4.40 pm
0	קבלת שבת Mincha) and מנחה (Mincha) and קבלת שבת	4.45 pm
0	Krias Shema from	5.54 pm
0	Friday Night Shiur – 29 Holders Hill Drive	8.30 pm
-	8 FEBRUARY	שבט 10
0	Latest for לכתחילה (Krias Shema) קריאת שמע	9.14 am
0	Latest for קריאת שמע (Krias Shema)	9.50 am
о	שחרית (Shacharis) - Hashkomoh	7.25 am
о	Before Berochos Commence Shiur – Dayan Cohn	9.00 am
о	, שחרית (Shacharis) – Main Service	9.15 am
о	Cyril Riffkin Hashkomoh Shiur	9.15 am
о	נתה Early מנחה (Mincha)	12.45 pm
о	אנחה (Mincha)	4.40 pm
о	Shiur by Dayan Cohn – Hilchos Tzitzis	5.10 pm
о	Shabbos ends and מעריב (Maariv)	5.55 pm
о	Ovos U'bonim	6.55 pm
о	R' Sholom Segal's Shiur	7.55 pm
SU	NDAY 9 FEBRUARY	שבט 11
о	שחרית (Shacharis)	8.00 am
о	Tehillim Shiur – Chapter 22 Shiur No. 200	8.50 am
о	מעריב & מנחה (Mincha & Maariv)	4.55 pm
мо	NDAY 10 FEBRUARY	שבט 12
0	שחרית (Shacharis) – 1	6.30 am
0	שחרית (Shacharis) – 2	6.50 am
0	מעריב & מנחה (Mincha & Maariv)	4.55 pm
0	Late מעריב (Maariv) – <i>followed by Rav's Shiur</i>	7.30 pm
0	(Late Maariv + Nechemia Broch Shiur are in the Beis	s Hamedrash)
TU	ESDAY 11 FEBRUARY	שבט 13
0		
	שחרית (Shacharis) – 1	6.30 am
0	שחרית (Shacharis) – 1 שחרית (Shacharis) – 2	7.00 am
0 0		
0 0	שחרית (Shacharis) – 2 מעריב & מנחה (Mincha & Maariv)" Late מעריב (Maariv) – <i>Beis Hamedrash</i>	7.00 am
0 0	שחרית (Shacharis) – 2 מעריב & מנחה (Mincha & Maariv)" Late אעריב (Maariv) – <i>Beis Hamedrash</i> DNESDAY 12 FEBRUARY	7.00 am 4.55 pm 7.30 pm 14 שבט
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In the 16th century in Eretz Yisroel, Rabbi Yitzchak Luria (the Arizal) and his disciples created a Tu BiShvat Seder, somewhat like the Pesach Seder, that celebrated Eitz Chayim, the Tree of Life as mentioned in Kabbalistic writings. The earliest published version of this seder is called the 'P'ri Eitz Hadar' This custom has been revived to include four wines of Eretz Yisroel. Also included in the Arizal's Seder was the eating of 15 fruits. Some people daven on Tu Bishvat for a kosher Esroa for next year.

FRIDAY 14 FEBRUARY		שבט 16	
0	שחרית (Shacharis) – 1	6.30 am	
0	שחרית (Shacharis) – 2	7.00 am	
0	Candle Lighting, קבלת שבת (Mincha) and קבלת ש	4.55 pm	
0	Krias Shema from	6.06 pm	

We wish the following members Chayim Aruchim

Thur שבט 15 13 Feb. Mr Mark Neuberger Mother



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