



SHABBOS 31 JANUARY 2026 - ISSUE NO. 1203

שבת פ' בשלח - י"ג שבט תשפ"ו

Mazal Tavs

Mazal Tov to Hersh and Sorah Ashrae on the engagement of their granddaughter Freida Malka Weltman, daughter of Shlomo and Bluma Weltman to Levi Weinbaum, son of Rabbi Shimi and Zelda Weinbaum from Crown Heights, New York

Mazal Tov to David & Amanda Freedman on the birth of a grandson, a son to Rabbi Ahron (Adam) & Perel Pnina Freedman, Jerusalem
Mazal Tov to George & Tamara Weisz on the marriage of their grandson Natan, son of Chaim & Shani Weisz to Rachelli Lemberger

Krias Hatorah – This week's Leining - בשלח

קריאת התורה Hashkomoh Dan Artman
 Main Service Michael Lebrecht
 הפטרה שופטים (Judges) 4:4 – 5:31

This is the Longest regular Shabbos Haftara

This Shabbos on North Hendon

This Shabbos there will be another "Coffee & Cake" Foyer Kiddush which has been anonymously sponsored.

Michael Lebrecht's post-Hashkomoh Shiur resumes on the topic of "Halochoh on waking up in the morning"

After Mincha the Rav's Shiur continues the Topic of Tzitzis. The Shiur is entitled "Sheets and Blankets – Shatnez and Tzitzis"

A L E R T! Caretakers Holiday

Our loyal caretaker Ashwin is taking his annual holiday and will return on 1st March. We request members to please help to keep the Shul clean and tidy. A team of member-volunteers has been put together to do regular caretaking and cleaning tasks whilst Ashwin is away.

Children's Service & Children's Kiddush

cS & cK take place at 10.45am in the Beis Hamedrash and Shiur Room. Leora Meyer & Dina Saurymper are running cS and cK

Sunday Morning Shiurim

This Sunday Gershon Hepner resumes his Tehillim Shiur. We are still on Chapter 23 first Passuk.

Ovos Ubonim

The winter session of Ovov Ubonim continues this Motzoi Shabbos at 6.45pm, one hour after Shabbos ends. Learning-Raffle-Snack.

R' Sholom Segal's Shiurim (as arranged with participants)

The schedule of Shiurim given by R' Sholom Segal is as follows:

Shabbos – Two and a quarter hours after Shabbos - Eruvin
 Sunday Morning Halochoh [M Berurah]
 Sunday straight after Maariv Eruvin
 Mon-Thur 1 hr before late Maariv Eruvin

Beigel Breakfast Shiurim by R' Eli Pick – New Schedule

Date	Month	Subject
22 February	Adar	Metaphors (Part 3)
22 March	Nissan	Dayenu
19 April	Iyar	Ona'as Devarim
24 May	Sivan	OCD
21 June	Tammuz	Time Zones
Over 300 previous Shiurim can be found on the Shul website.		
Sponsorships available. Please speak to Michael Israel		

Women's Tehillim Group

TEHILLIM: The Marie Riffkin Women Tehillim Group meets on Sunday mornings at 10.00am on Zoom to say Tehillim for Eretz Yisroel and sick members of the community. For further details: Nechama Schmulian

Friday Night Shiur – the next few weeks – Shiur at 8.15pm

Date	Sedra	Hosts	Address	Shiur Given By
30/01	Beshalach	Fam. Israel	22 TD	R' Sholom Segal
06/02	Yisro	Fam. Lebrecht	25 HHC	Rabbi Y Hambling
13/02	Mishpotim	Fam. Cohen	70 TD	Brett Bernstein

TD = Tenterden Drive, HHA/C/D = Holders Hill Avenue/Crescent/Drive

Tzedokoh Fund – Here to Help

If you are in need of funds, an interest free loan or advice, please contact David Freedman [07947 809415], Mark Neuberger [07956 800321] or Michael Bass [07734 446 454] for a confidential chat.

Loans are also available particularly to pay off credit card bills

TIMES FOR THE COMING WEEK

FRIDAY 30 JANUARY TO FRIDAY 6 FEBRUARY 2026

FRIDAY 30 JANUARY

שבת 12	
Mincha (Mincha) and קבלת שבת (Start of Shabbos)	4.30 pm
Krias Shema from	5.40 pm
Friday Night Shiur – 22 Tenterden Drive	8.15 pm

שבת 31 JANUARY

שבת 13	
Latest for קריאת שמע (Krias Shema)	9.21 am
Latest for קריאת שמע (Krias Shema)	9.57 am
שחרית (Shacharis) – Hashkomoh (Vosikim)	7.20 am
Before Brochos Commences Shiur – Dayan Cohn	9.00 am
Cyril Riffkin Hashkomoh Shiur – Michael Lebrecht	9.15 am
שחרית (Shacharis) – Main Service	9.15 am
Early Mincha	12.40 pm
Mincha (Mincha)	4.25 pm
Shiur by Dayan Cohn	4.55 pm
Shabbos ends & מעריב (Maariv)	5.42 pm
Ovos Ubonim	6.45 pm

SUNDAY 1 FEBRUARY

שבת 14	
שחרית (Shacharis)	8.00 am
Gershon Hepner's Tehillim Shiur	8.50 am
Mincha & מעריב (Mincha & Maariv) (no Tachanun)	4.40 pm

MONDAY 2 FEBRUARY – Tu Bishvat

שבת 15	
שחרית (Shacharis) – 1 (no Tachanun)	6.30 am
שחרית (Shacharis) – 2 (no Tachanun)	6.50 am
<i>The celebration of Tu Bishvat goes back hundreds of years. But the eating of 15 types of fruit (particular fruits from Eretz Yisrael) and the "Seder for Tu Bishvat" are more recent innovations.</i>	
Mincha & מעריב (Mincha & Maariv)	4.40 pm
מעריב (Maariv) – Beis Hamedrash	7.30 pm
Nechemia Broch Monday Night Shiur – Dayan Cohn	7.45 pm

TUESDAY 3 FEBRUARY

שבת 16	
שחרית (Shacharis) – 1	6.30 am
שחרית (Shacharis) – 2	7.00 am
Mincha & מעריב (Mincha & Maariv)	4.40 pm
מעריב (Maariv) – Beis Hamedrash	7.30 pm

WEDNESDAY 4 FEBRUARY

שבת 17	
שחרית (Shacharis) – 1	6.30 am
שחרית (Shacharis) – 2	7.00 am
Mishlei Shiur by Dayan Cohn @ 33 Boyne Avenue	10.15 am
Mincha & מעריב (Mincha & Maariv)	4.40 pm
מעריב (Maariv) – Beis Hamedrash	7.30 pm

THURSDAY 5 FEBRUARY

שבת 18	
שחרית (Shacharis) – 1	6.30 am
שחרית (Shacharis) – 2	6.50 am
Mincha & מעריב (Mincha & Maariv)	4.40 pm
מעריב (Maariv) – Beis Hamedrash	7.30 pm

FRIDAY 6 FEBRUARY

שבת 19	
שחרית (Shacharis) – 1	6.30 am
שחרית (Shacharis) – 2	7.00 am
קבלת שבת & Mincha (Mincha)	4.40 pm
Krias Shema from	5.52 pm

YAHREZITS

We wish the following members Chayim Aruchim

Mon	15 שבט	2 Feb	Mr Mark Neuberger	Mother
Wed	17 שבט	4 Feb	Mr Judah Cohen	Father
Fri	19 שבט	6 Feb	Mrs Nechama Schmulian	Father

Publication of North Hendon Shul (www.northhendon.co.uk)

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