

# NHS Weekly Newsletter

## SHABBOS 8 AUGUST 2020 ISSUE 913

שבת פ' עקב – י"ט אב תש"פ

**Please observe Covid-19 Regulation regarding distancing, hand sanitising, hand washing etc. at all times that you are in the Shul for your safety and the safety of other Mispallelim (attendees). Please read the guidance notes which have been emailed to all.**

### Mazal Tovs

MAZAL TOV TO Jeffery and Judy Blumenfeld on the birth of a granddaughter, a daughter to Avi & Lisi in Ramot, Jerusalem. The baby was named Libbi Nechama

### Welcome to a New Member

The Rav and Board of Management would like to extend a welcome to Jonathan and Alison Solomon and family who have recently joined the Shul

### Return to Davening in Shul

We have resumed regular Minyonim in Shul every morning and evening for **MEMBERS ONLY** at present. The arrangements in Shul may change in the light of experience. Please check emails.

### Krias Hatorah

קריאת התורה	Hashkomoh	Yeshaya Nosson Hepner
קריאת התורה	Main Service	Jonathan Landau
הפטרה	(Haftarah)	ישעיה (Isaiah) 49:14 – 51:3

### Shiurim on Line

We are running a "zoom" system so that members can listen in to Shiurim – and participate with questions and comments. To join a zoom session, check the schedule which is sent regularly by email.

Shiur Sunday morning (Tehillim or Beigel Breakfast) on holiday

- Monday night Shiur and Tuesday Mishlei Shiur see right
- R' Sholom Segal's Shiurim as detailed below

### Shabbos - What to Watch For in Davening if you are not in Shul

**Maariv:** ויכלו after Shemoneh Esrei but not **מן אבות**. Don't forget **במה מדליקין**

**Shacharis:** Don't forget **שיר של יום** after Shemoneh Esrei

**Krias Hatorah:** **פרשה** and **הפטרה** as detailed above

**Before Mussaf:** Say **אשרי** then **אב הרחמים** followed by Mussaf

**Mincha:** Krias Hatorah-1<sup>st</sup> Parsha of **ראה** say **צדקתך** **פרק ד'** & **צדקתך**

### Women's Tehillim Group

The Women's Tehillim Group meets on Sunday mornings at 10.00am to say Tehillim for Eretz Yisroel and sick members of the community. *Would any women or girls like to join the Tehillim Group? Please call Nechama Schmulian on 07710 772842*

### Rav on Holiday

The Rav will be on holiday until Monday 17 August inclusive. If anyone needs to contact the Rav urgently, the Rav will be available on mobile number 07958 55 44 06 *During the holidays, the Monday Night Shiur and the Tuesday Mishlei Shiurim will not take place*

### Shiurim During the Week (may vary during Holiday Period)

**R' Eli Pick or Gershon Hepner** – Sunday 8.15am - *Now on Recess*  
**Rabbi Cohn** – Shabbos after Mincha & Tuesday – Mishlei on holiday  
**R' Sholom Segal** – Monday to Thursday 6.15pm – Safrus  
**R' Sholom Segal** – Sunday 7.00am Thursday 8.15pm -Gem. Shabbos  
**R' Eli Goldstein** – Monday-Friday 6.40am – Gemorah Succa

### Tzedokoh Donations in Shul

The Tzedokoh boxes will, for the time being, be left on the top of the Siddurim & Chumashim shelves. If you wish to make a larger donation, please pass it to the Tzedokoh Gabboim.

**Sunday-Friday Shacharis & Mincha:** Shul Tzedokoh Fund

**Monday Shacharis:** BEST NW London Schools Charity

**Thursday Shacharis:** Tomchei Shabbos – helps needy families

**Sunday to Friday:** Shul Bedek Habayis Maintenance Fund

### Beigel Breakfast Shiur Programme – Given by R'Eli Pick

Date	Month	Topic
30 August	Ellul	Shofar on Shabbos
27 September	Tishrei	Yom Kippur Reflections
28 October	Cheshvan	"Animal Rights"
22 November	Kislev	Cheese
20 December	Teves	Machlokes

### Tzedokoh Fund – Here to Help

The Tzedokoh Fund is here to help with Grants and Interest Free Loans. Please contact David Segal (020 8203 1974) or David Freedman (07947 809 415) for a chat of how we may assist

## THESE ARE TIMES FOR THE COMING WEEK

FRIDAY 7 AUGUST – FRIDAY 14 AUGUST

*Davening in the Shul has resumed and services will continue on a daily basis with some changes in timings. Please check the timings below. Updates will be emailed as they occur.*

**NOTE: Shiurim will continue on zoom for the present**

### FRIDAY 6 AUGUST

17 אב

○ שחרית (Shacharis) – 1	6.30 am
○ שחרית (Shacharis) – 2	7.30 am
○ Earliest Candle Lighting	7.05 pm
○ שבת / מנחה (Mincha & Shabbos)	7.20 pm
○ קריאת שמע (Krias Shema) from	9.37 pm

### שבת 7 AUGUST – פרק ד' – 18 אב

○ Latest for קריאת שמע (Krias Shema)	8.44 am
○ Latest for קריאת שמע (Krias Shema)	9.20 am
○ שחרית (Shacharis) – Hashkomoh	7.20 am
○ שחרית (Shacharis) – Main Service	9.20 am
○ Early Mincha	On recess
○ מנחה (Mincha)	8.15 pm
○ Shiur by Keith Goldstein	8.45 pm
○ Shabbos ends & מעריב (Maariv)	9.36 pm

### SUNDAY 8 AUGUST

19 אב

○ R' Sholom Segal's Shiur – zoom (45 minutes)	7.00 am
○ שחרית (Shacharis)	8.00 am
○ Sunday morning Shiur	on holiday
○ Women's Tehillim Group – at participants homes	10.00 am
○ מנחה / מעריב (Mincha & Maariv)	7.30 pm

### MONDAY 9 AUGUST

20 אב

○ שחרית (Shacharis) – 1	6.30 am
○ שחרית (Shacharis) – 2	7.30 am
○ מנחה / מעריב (Mincha & Maariv)	7.30 pm
○ Monday Night Shiur – Rabbi Cohn – zoom	on holiday

### TUESDAY 10 AUGUST

21 אב

○ שחרית (Shacharis) – 1	6.30 am
○ שחרית (Shacharis) – 2	7.30 am
○ Mishlei Shiur – Rabbi Cohn – zoom	on holiday
○ מנחה / מעריב (Mincha & Maariv)	7.30 pm

### WEDNESDAY 11 AUGUST

22 אב

○ שחרית (Shacharis) – 1	6.30 am
○ שחרית (Shacharis) – 2	7.30 am
○ מנחה / מעריב (Mincha & Maariv)	7.30 pm

### THURSDAY 12 AUGUST

23 אב

○ שחרית (Shacharis) – 1	6.30 am
○ שחרית (Shacharis) – 2	7.30 am
○ מנחה / מעריב (Mincha & Maariv)	7.30 pm

### FRIDAY 13 AUGUST

24 אב

○ שחרית (Shacharis) – 1	6.30 am
○ שחרית (Shacharis) – 2	7.30 am
○ Earliest Candle Lighting	6.53 pm
○ שבת / מנחה (Mincha & Shabbos)	7.20 pm
○ קריאת שמע (Krias Shema) from	9.22 pm

### YAHARZEITS

We wish these members a Chayim Aruchim

Fri	24 אב	14 Aug	Mrs Hayley Douek	Brother
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**PLEASE REMEMBER TO WEAR A MASK AT ALL TIMES IN THE SHUL AND OBSERVE THE SOCIAL DISTANCING ARRANGEMENTS**

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zoom

